

AFTERCARE & Advice

BOTULINUM A TOXIN

Today you may have undergone a treatment in which a tiny amount of a muscle relaxing protein has been injected into muscles to improve appearance. It will usually take between 3 and 10 days to start to see any muscle relaxing effect and 14 days until the full effect has been reached.

Treatments take 14 days to fully work, and last 3-4 months on average.



What's Normal after a Procedure?

Injections can cause small amounts of swelling, a temporary bump, redness, bruising, a mild to moderate headache, and sensations such as tingling or mild itching after the treatments. These effects are so common they can be considered a normal part of the process.

The initial effects will show in the first 2-5 days. Peak effect on the muscle is at 14 days, but the result will continue to improve for 4 weeks or more. The benefits start to wear off after 3-4 months on average.

How to Protect Your Result & Reduce Side Effects

- Remain upright for 2 hours.
- Do small extra contractions of the muscles treated every 20 minutes for the first hour.
- When cleansing, avoid pressure and use gentle strokes away from the eyes.
- Avoid facial massages or electrical stimulation of the face for the next 2 weeks.
- Avoid wearing tight caps or garments in the area that has been injected.
- Avoid alcohol and exposure to UV and extreme heat i.e. sauna, steam, sun beds, very hot showers, strenuous exercise etc

Reduce the Chance of Infection:

- Do not apply make-up for approximately 6 hours unless it is mineral based.
- Wash your hands immediately post procedure
- Do not touch your face in the areas injected for 6 hours.

Contact us...

- If you develop a side effect, such as a dry eye, droopy eyelid, heavy brow.
- Any other side effects you think are important.
- If you feel distressed or worried in any way.
- Routine adjustments can be carried out from day 14 after your procedure.

